



The Kinky/Coily Recipe

How to get the perfect kinks & coils

Products:



How much:



Steps:

#1 Detox

Massage scalp in warm water then apply a **half-dollar size** portion of **Detox Shampoo** to wet hair, let sit for a couple of minutes to remove product sebum build-up. Rinse WELL!
Healthy Scalp = Healthy Hair! Use every 4-6 weeks.

#2 Cleanse

If detoxed today, no need to cleanse again, move on to the next step. For a cleanse day, apply a **quarter size** portion of **Gentle Shampoo** to wet hair, rinse WELL!

#3 Condition

Apply a **half-dollar size** portion of **Daily Conditioner** to wet hair. Massage scalp and gently detangle. Rinse

#4 Style

- Apply a **quarter size** portion of **Leave-in Conditioner** for extra conditioning and as a base for other stylers.
- Apply a **dime size** portion of the **Mongongo Oil** evenly over surface of the hair.
- Apply a **nickel size** portion of the **Curly Hair Custard** evenly to the complete surface of the hair for maximum frizz control.

All gel type products create a "cast" around the hair and you should NOT be too heavy handed with the product. Scunch & release the "cast" after the hair is 70-80% dry.

*Portions are for long, kinky coily hair. Adjust for your hair length & density.